

Go Seven

Choreographed by [Ria Vos](#)

Description: 32 count, 4 wall, beginner line dance

Music: **Seven Lonely Days** by Bouke [CD: [For The Good Times](#) / Available on iTunes]

Go by The Refreshments [CD: [It's Gotta Be Both Rock 'n' Roll - Best of The Refreshments](#) / Available on iTunes]

Start dancing on lyrics

RIGHT HEEL GRIND, FORWARD, COASTER STEP, LEFT ROCK FORWARD, SHUFFLE TURN ½ LEFT

- 1-2 Rock right heel forward, recover to left
- 3&4 Right coaster step
- 5-6 Rock left forward, recover to right
- 7&8 Triple in place turning ½ left stepping left, right, left (6:00)

RIGHT HEEL GRIND FORWARD, COASTER STEP, POINT FORWARD, POINT SIDE, & SIDE POINT, HITCH

- 1-2 Rock right heel forward, recover to left
- 3&4 Right coaster step
- 5-6 Touch left forward, touch left to side
- &7-8 Step left together, touch right to side, hitch right knee

CHASSE RIGHT, ROCK BACK, SIDE, HOLD/CLAP & SIDE, HOLD/CLAP

- 1&2 Chassé side right, left, right
- 3-4 Rock left back, recover to right
- 5-6 Step left to side, clap
- &7-8 Step right together, step left to side, clap

JAZZ BOX TURN ¼ RIGHT, POINT, STEP FORWARD, POINT, STEP FORWARD

- 1-2 Cross right over left, step left back
- 3-4 Turn ¼ right and step right to side, cross left over right (9:00)
- 5-6 Touch right to side, step right forward
- 7-8 Touch left to side, step left forward

REPEAT